## School District of Beloit Intermediate Breakfast Menu September 2016

refresh. <mark>refuel. relax</mark>.

## **READING ROCKS!**

Reading is like exercise for your brain.

Read every day to keep your mind strong and learn exciting new things.

Mini Bagels

1

Frosted Mini Wheat

Keebler Animal Crackers Crainsins 100% Fruit Juice 2

Blueberry Muffin

Mozzarella Cheese Stick Applesauce Cup 100% Fruit Juice

5

No School

Labor Day

7

Froot Loops

Goldfish Cheddar Crackers Applesauce 100% Fruit Juice 8

Chocolate Muffin

Mozzarella Cheese Stick Raisins 100% Fruit Juice 9

Frosted Flakes

Keebler Animal Crackers Cherry Craisins 100% Fruit Juice

12

**Danimals Yogurt** 

Keebler Animal Crackers Raisins 100% Fruit Juice 13

20

**Trixs** 

Cinnamon Toast Crunch

**Blueberry Craisins** 

100% Fruit Juice

Mozzarella Cheese Stick Blueberry Craisins 100% Fruit Juice 14

Lucky Charms

Goldfish Cheddar Crackers Applesauce Cup 100% Fruit Juice 15

Benefit Bar

Raisins 100% Fruit Juice 46

**Puffed Pastry** 

Mozzarella Cheese Stick Strawberry Craisins 100% Fruit Juice

19

Maple Waffle

Raisins 100% Fruit Juice 21

**Danimals Yogurt** 

Zoo Animal Crackers Blueberry Craisins 100% Fruit Juice 22

**Lucky Charms** 

Mozzarella Cheese Stick Applesauce Cup 100% Fruit Juice 23

Frosted Flakes

Colby Cheese Cubes Cherry Craisins 100% Fruit Juice

26

Coco Puffs

Mozzarella Cheese Stick Raisins 100% Fruit Juice 27

Cinnamon Toast Crunch

Keebler Animal

Applesauce Cup

100% Fruit Juice

Crackers

Zoo Animal Crackers Applesauce Cup 100% Fruit Juice 28

Krave S'more Pouch

Mozzarella Cheese Stick Cherry Craisins 100% Fruit Juice 29

Apple Cinn Crunch Bar

Mozzarella Cheese Stick Raisins 100% Fruit Juice 30

Danimals Yogurt

Keebler Animal Crackers Blueberry Craisins 100% Fruit Juice

## **Breakfast Makes Kids Smarter!**

Kids who eat breakfast do better in school because they are better behaved and performs better.

Menu Question?

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## **Fun Breakfast Fact**

The world's first breakfast cereal was created in 1863 and needed to soaking overnight to be chewable.